

MY SH!T LIST™ THE WEEK OF:		
MONTH GOALS		
SHIT TO FOCUS THIS WEEK		WEEK GOAL:
1		ACTIVE PROJECTS
2		
3		
SHIT I NEED DONE TODAY!!		TODAYS WINS
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
FAMILY SHIT I WANT TO DO		LEISURE SHIT I WANT TO DO

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Cut lines so the Sh!t List will fit in your journal

If you don't like the term "My Sh!t List" you can download "My Shtuff List" here: www.tacticalbts.com/ShtuffList